

“DOMESTIC VIOLENCE”

“PARTNER ABUSE”

“FAMILY VIOLENCE”

No matter what it's called, it hurts all members of a family.

Domestic violence is the use of fear, threats or violence to control a spouse or partner.

Domestic violence has been a crime hidden in shame and secrecy, yet it is a problem that affects all of us. Some researchers estimate that in **one out of every three families**, abuse is a common occurrence.

Did you know...

- Domestic violence is the single most common cause of injury to women in the United States?
- Children are often injured by trying to protect their mothers?
- Boys who witness abuse are likely to grow up and become abusive?
- Over half of all child abductions are related to domestic violence?
- Domestic violence, drinking, and drugs often go together? Alcohol and drug use don't cause the abuse, but it can make it worse.

Is the HALT Program for you?

Ask yourself these questions to find out:

- Does your partner or child ever feel afraid of you?
- Have you ever physically hurt or threatened your partner?
- Does your partner feel you are possessive or jealous?
- Do you “overreact” to minor events?
- Has your partner left you, called the police, or filed for an order of protection as a result of your behavior?
- Do you sometimes apologize for being “too rough” and then do it again?
- Does your partner think you are trying to control them?

If you answered yes to even one of these questions, you would benefit from attending HALT, a program offered by Victims Information Bureau of Suffolk.

Help is Available. Call Today!



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Participating Agency



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Victims
Information
Bureau of
Suffolk



Help
Abusers
Learn
Together

*A Domestic Violence
Intervention Program*

It's Your Choice

Recognizing you have a problem is the first step to ending violent behavior.

Calling HALT is the second.

Many men call HALT to get help in changing physically or verbally abusive behavior. Some call because wives or friends suggest it. Some men call because a Judge or a Probation Officer mandates program participation. Some men call because they realize their behavior is causing harm to their wives and children and want it to stop.

Wanting to change abusive behavior is not enough. Many men find that they continue to be violent even after they have promised themselves and their partners that they would stop. Although they want to change, most do not stop being abusive without getting help.

What is HALT?

The HALT program, offered by Victims Information Bureau of Suffolk, is designed to assist participants in ending abusive behavior. HALT provides intervention in a small group setting facilitated by a clinician with expertise in domestic violence.

- HALT's 32-week group is for men who voluntarily enter the program or are mandated to attend by the criminal justice system and/or Child Protective Services. Spanish speaking groups are also available.
- The 52-week group is limited to men who currently report to the Suffolk County Probation Domestic Violence Program. All participants are mandated to attend as a condition of their probation.
- The Maintenance group is an ongoing group for men who have completed either the 32- or 52-week programs.

Participants are supported and challenged to recognize:

- Abusive behavior is a crime.
- Men who abuse do so in order to maintain power and control over their partners.
- Responsibility for abusive behavior rests solely with the abuser at all times.
- Abuse is a learned behavior. Participants can choose to be non-abusive.

Program Eligibility

HALT intervention services are available to men 18 years of age or older who have been controlling, verbally, sexually, and/or physically aggressive towards an intimate partner.

To be accepted to the HALT program participants must agree to:

- Refrain from all forms of violence.
- Consistently attend all group sessions.
- Be financially responsible for session fees.
- Remain drug and alcohol free during the program.

Domestic Violence occurs in gay and lesbian relationships as well and the program is open to men and women regardless of sexual orientation. Services are also available to abusive women. Please call the HALT program for additional information.

